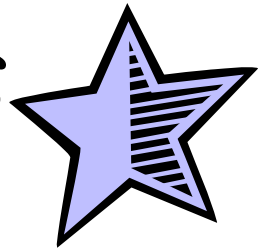


# Stepping Stones News



Stepping Stones Preschool Newsletter ~ January 2012

Email us: [lscs\\_seekidsgrow@sbcglobal.net](mailto:lscs_seekidsgrow@sbcglobal.net)

website: [lschristian.com](http://lschristian.com)

Happy New Year to each of you! . Can you believe that it is now January? It just seems like we just started school a few weeks ago! I hope that each family had a very Merry Christmas and now may I wish you a Happy New Year. We look forward to getting to know you even better, enjoying our time with the children, learning from each other through new books, parties, programs and receiving God's Blessings.

Get outside and enjoy the cold. "There's no bad weather, only bad clothes!"

Take a winter walk.

Make bird feeders.

Create a snow mountain,

Make frozen nature collages,

Catch snow flakes on black paper,

Run, jump, throw, ride - moving warms the body.

Enjoy the season of winter.

*Miss Diane*

## Epiphany



The first week in January we will be celebrating Epiphany with the March of the Kings. The children will make crowns and follow a star going door to door with the church staff looking for the baby Jesus.

Epiphany is on January 6th. It is the religious name for the day the Wise Men arrived. Actually it took the Kings a couple of years to find Jesus. They began their journey when the star appeared. You know the song about the Twelve Days of Christmas? Epiphany is on the twelfth day of Christmas. Christmas begins on December 25th. May we keep the feeling of Christmas in our hearts all year long.

**Theme:**

"Be a Star in the Time Machine"

**Color:**

White/grey

**Shape:**

Rectangle

**Letters:**

D, P, B, R

**Number:**

6

**Jan. 4-6**

March of the Kings

**Jan. 13**

NO SCHOOL

**Jan. 16**

NO SCHOOL

**Jan. 18-20**

White & grey days

**Jan. 25-27**

All School Pajama Days

Thank you...to all the families who donated toys for under the tree, which were delivered to Lee's Summit Social Services. Thank you, also, for the cookies for our programs.

Thank you...to Julia Canterbury and her volunteers for hosting the Christmas reception after our programs.

### *Winter Weather Policy*

Before we get hit with any surprise snow or ice storms, here is a reminder of our policy here at Stepping Stones. We follow the Lee's Summit R-7 school schedule. When the R-7 school district is closed because of weather—we are **CLOSED**. When the Lee's Summit schools are on a delayed schedule—we are on a delay also.

## Conscious Discipline

This month our Conscious Discipline theme will be on “choices.” The only person that you can make change is yourself. The five steps in delivering two positive choices are:

Step 1: Breathe deeply. Think about what you want the child to do. Make a conscious decision.

Step 2: Tell the child “you have a choice!” in an upbeat tone.

Step 3: State the two choices you have created to achieve your goal.

Step 4: Complete the process by asking the child for a commitment.

Step 5: Notice your child's choice. Do this by saying, “You Chose \_\_\_\_.” A positive and a negative option is not really a choice but a manipulation. Two positive choices optimize the chance of cooperation.

Making choices builds willpower and self-esteem. A person's ability to make choices and commit to those choices is a measure of self-esteem. To really make a choice, you must make a decision and accept the consequences of that decision.

### Funnies

The girls were playing “princess and prince” in the Home Center during center times. None of the boys wanted to be a prince which the teacher replied was okay. She then overheard a girl “ordering” a prince with brown hair on the phone.